

WITHOUT PREJUDICE AND TO
THE BEST OF MY ABILITY

6 May 2015

- ① The **PURPOSE** of my agreeing to this Submission is to show that my Past of extreme prolonged Violence has been overcome - even though scars will always remain. Physically/Mentally/Emotionally and Socially.
- My desire is to contribute and learn from others preventative measures; we as former and current victims can help to not only protect ourselves but pass on our experiences to others, in the Royal Commission and appropriate "Others". This is a serious problem of gigantic proportions. I would like & enjoy seeing other women children (and men) be strong and decent Australians - valuing the gifts of compassionate love & respect.

PS

I have lost my family due to lies and the usual - it was my fault! (Not so)

No guilt anymore. Has taken until I reached the age of [REDACTED]

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WHAT DID/DID NOT WORK FOR ME

DID - initially - nothing. In Denial

after approx 11 years. I told to go by my husband - but leave [redacted] children with him and my friend who was to become new partner. **FEAR!**

NO WAY WOULD I LEAVE THEM (THEN)

- Told parents - my family had been kept clear of violence to me.
- Immediate shock/shame.
- Police - did nothing much at all in the 60's early 70's.
- No Services for Women that I found - or even considered.

FEAR & MORE FEAR

- No Interest - no Contacts to help
- Depression - D² only - not much help.
- Had to work to keep alive literally. (but more)
- Had not worked since I was 17 - at this stage [redacted] - terrified
- Father helped to obtain 1st job as I was willing to be trained
- 'Things' looking forward - I hoped.

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(2b) DID NOT WORK: Forward to HELP.

1980's, ON —

2ND MARRIAGE.

- Violence began before this marriage(?) Nothing learned.
- Counselling - OK temporarily.
- Shame as working woman with injuries (makeup)
- Lost work.
- Homemaker - still Violence!
- Saw Magistrate (Chamber at [REDACTED]) a number of times - this helped
- advised to leave - I did, good move.
- 1980's - 1990's.

can't remember all dates, a lot of illness/Trauma.

• Counselling (Public [REDACTED])

- Did not heal/kept trying to control my problems, unable. Alcohol - substituted for some time - uncontrolled. Lost!

This is tip of my Iceberg!
will leave details out!

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SITUATION - OVERVIEW

Other contributors will have different experiences and ideologies

- PREVENTION - EDUCATION - MEN/WOMEN

I am a firm believer that NOT all women should look after/have children.

- The situation can be helped by not believing (through various nurturing - eg. family/religion/work) that women must have care of children (their own). I have experience with this - legally. Can discuss if needed. The stigma never seems to leave - until you learn to forgive yourself (I have.)

Briefly:

- ① Police need to follow through any requests whether they decide it is serious or not. Their opinions are important - but not final.
- ② Bullying is still the big one. This must stop by exercising an area of NO BLANKET RULES just to put people through the system.
- ③ Upgraded + Current Training for System workers. eg: HOUSING/FINANCE SCHOOLS/COURTS/HUMAN SERVICES/ ETC.

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CONTINUED:

People in Authority must congregate regularly - more than a brief meeting - check lists etc.

Responsibility / Accountability and Duty of Care.

I am annoyed with the word **GUIDELINES**. It is an escape clause / clauses in so called **Rules and Regulations**.

How can people in desperation rely on trust ignorance of some Organisations. Indifference and the usual **'BLANKET RULE'**

Courts - equality when dealing with Social Workers / Psychologists etc. Give the "clients" hope!

Any issue is important - not trivial - Deal with it - DO not put in too hard basket.

There is a **distinct lack of credibility** and **"Bravery"** today. It is not easy if support is unavailable.

Prepare quietly - obtain information and be **compliant if in danger**. Help with educated help **elderly women children - the Elderly etc** can find a **haven**. We must help. At the moment I am being bullied because I speak my mind with truth! I will survive, always.