

ATTACHMENT [SL-2]

This is the attachment marked "[SL-2]" referred to in the witness statement of Stephen John Lillie dated 10 August 2015.

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|--|--|
| | Difficulty swallowing |
| | Change in bowel habits |
| | Blood in the urine |
| | Pain when passing urine |
| | Getting up more than once in the night to pass urine |
| | Losing urine |
| | Sexual function or desire |
| | Sexually transmitted infections |
| | Depression / anxiety |
| | Maintaining relationships |
| | Anger |
| | Violence |
| | Unexplained weight loss |
| | Change in mood |
| | Testicular check |

Do you prefer to see a
 male or female Doctor No preference

Do you or have you used A.M.S (Aboriginal Medical Service) Yes No

Overall, how would you rate your physical health?
(Please circle)
 1 2 3 4 5 6 7 8 9 10
(Poor) *(Excellent)*

Overall, how would you rate your emotional health?
 (mood, irritability, motivation)
 1 2 3 4 5 6 7 8 9 10
(Poor) *(Excellent)*

Overall, how happy are with your life at present

1 2 3 4 5 6 7 8 9 10
(Not happy) *(Very happy)*

Do you experience constant worrying thoughts

Yes No

How is your memory concentration?

1 2 3 4 5 6 7 8 9 10
(Poor) *(Excellent)*

How do you see the future?

1 2 3 4 5 6 7 8 9 10
(Not so good) *(Excellent)*

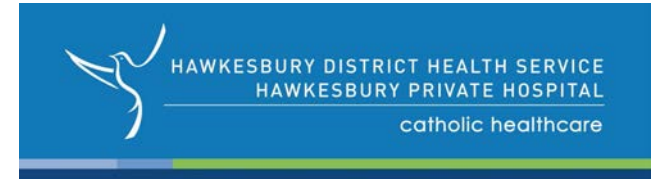
What type of support do you have?

Family Community group
 Friends Church

Copies of this pamphlet are available from
 Hawkesbury District Health Service
 Ph: (02) 45605714

Some content was sourced from resources of the Men's Health Unit, Northern Sydney Central Coast Health.

Photos supplied by David Mapletoft



MEN'S HEALTH CHECK QUESTIONNAIRE



PLEASE FILL OUT AND GIVE TO YOUR DOCTOR



Please tick

My last visit to a GP was:

- In the past 3 months 6 - 12 months ago
- 1 - 2 years ago 3 - 5 years ago
- More than 5 years ago

When did you last have a full medical check-up?

- In the past 3 months 6 - 12 months ago
- 1 - 2 years ago 3 - 5 years ago
- More than 5 years ago Never

Relationships and Family

What is your current relationship status?

- Married Separated Defacto/partner
- Single Girlfriend Divorced
- Never Married Same sex partner

Health Behaviours

Do you smoke?

- Yes No Ex-smoker Never

If yes, how many per day _____

How many days of the week do you usually drink alcohol?

- Never Less than monthly 1 - 2 days a month
- 1-2 days a week 3 - 4 days a week
- 5 - 6 days a week Every day

On any one day when you drink alcohol, how many standard drinks (middy of beer, 1 glass of wine, 1 nip of spirits) do you usually have?

- 1 or2 3 to 5 6 to 9 10 or more

Do you use any of the following?

- Marijuana Amphetamines (speed, ice, crystal)
- Ecstasy Steroids Heroin
- GHB/GBH Other..... Not applicable

How often do you engage in exercise or activity (eg brisk walking long enough to work up a sweat) for at least 30 minutes at a time?

- 3 or more times a week 1 - 2 times a week
- Seldom Never

Health Concerns

Are you concerned about any of the following?

- Smoking Drinking Loneliness
- Eating habits Weight Work environment
- Lack of exercise Stress Depression
- Family relationships Anxiety Parenting
- Drug Use (legal/illegal) Finances Family matters
- Aggressive feelings Sexual health
- Other _____

Do you have problems sleeping, e.g.: not getting enough, getting to and staying asleep, sleeping too much?

- Yes No Not sure

Do you take medication to help you sleep?

- Yes No

Have you ever had a cholesterol test?

- Yes No Not sure

Have you had a tetanus / diphtheria injection in the past 10 years?

- Yes No Not sure

Are you taking any prescribed medications? If so, which ones? _____

Are you taking any complementary medicines (e.g.: vitamin supplements, chiropractic, homeopathy.)?

- Yes No

Are you Aboriginal/Torres Strait Islander?

- Yes No

Do you have any 'concern's or problems regarding...?

Please tick if yes

| | |
|--------------------------|---|
| <input type="checkbox"/> | Eyes/vision |
| <input type="checkbox"/> | Hearing / Ears |
| <input type="checkbox"/> | Mouth, Teeth, Gums |
| <input type="checkbox"/> | Skin - eg: rashes, lumps, moles |
| <input type="checkbox"/> | Soreness or lumps under the arms, groin or neck |
| <input type="checkbox"/> | Breathing difficulties |
| <input type="checkbox"/> | Cough/phlegm |
| <input type="checkbox"/> | Asthma |
| <input type="checkbox"/> | Bronchitis |
| <input type="checkbox"/> | Headaches |
| <input type="checkbox"/> | Muscles, Joint, Bone pain or stiffness |
| <input type="checkbox"/> | Joints |
| <input type="checkbox"/> | Bones |
| <input type="checkbox"/> | Sleeping difficulties |
| <input type="checkbox"/> | Feeling stressed |
| <input type="checkbox"/> | Tiredness |
| <input type="checkbox"/> | Irritability |
| <input type="checkbox"/> | Lack of energy |
| <input type="checkbox"/> | Chest Pain |
| <input type="checkbox"/> | Palpitations/ racing heart rate / shortness of breath |
| <input type="checkbox"/> | High blood pressure |
| <input type="checkbox"/> | Poor circulation |
| <input type="checkbox"/> | Diabetes (Family history/Heart disease) |
| <input type="checkbox"/> | Weight (recent gain or loss) |
| <input type="checkbox"/> | Appetite, digestion, heartburn |