

ATTACHMENT RF 1

This is the attachment marked "RF 1" referred to in the witness statement of Richard John Fletcher dated 8 July 2015.

Richard John Fletcher, PhD – Curriculum Vitae

Academic Qualifications

2008 PhD (Medicine and Public Health), University of Newcastle

2004 Graduate Diploma in Infant Mental Health, NSW Institute of Psychiatry

1995 Master of Medical Science (Coursework with thesis), Centre for Clinical Epidemiology and Biostatistics, University of Newcastle

1971 Graduate Diploma of Education, Sydney University

1969 Bachelor of Science, Sydney University

Current Position

Senior Lecturer (Level C), Leader, Fathers and Families Research Program, Family Action Centre, Faculty of Health, University of Newcastle

Major Responsibilities: Chief investigator for research projects in areas of: Supporting new fathers with text and internet; Service screening for paternal depression; User-designed web and app resources for young Aboriginal fathers; Fathers of children with a disability; and, “Keeping fathers in Mind” in welfare service provision.

Teaching responsibilities: Masters of Family Studies Postgraduate Courses: Father–infant attachment and co-parenting: Theory and intervention, Working with fathers in vulnerable families and Engaging Men and fathers in Human Services. In undergraduate courses: Working with men and Boys in Human Services. As well I teach Fathers and Attachment (NSW Institute of Psychiatry).

Honorary roles

- Convenor, Fatherhood Research Network, Australian Research Alliance for Children and Youth
- Invited member, Gender Advisory Group, Australian Bureau of Statistics
- Invited member Expert Reference Group for the Council of Australian Government ‘Engaging Families in the Early Childhood Development Story’ project
- Committee member, Australian Association for Infant mental Health, NSW Branch
- Invited member ‘The Best Start’ Working Group, NSW Mental Health Commission Strategic Plan

Previous Positions

2008 – present Senior Lecturer (Level C), Family Action Centre

1996-2008 Lecturer Level B, Family Action Centre,

1994-1995 Lecturer level B, Health Studies, Discipline of Paediatrics, University of Newcastle

- 1992-1993 Lecturer level B, Department of Holistic Health Studies, University of Newcastle
- 1991 Working on contracts for Hunter Area Health Service ; Department of Social Work, Newcastle University; John Hunter Hospital Obstetrics and Gynaecology staff; Contributing journalist, ABC Radio, Sydney Morning Herald; Tutor, Health III, Faculty of Health Sciences
- 1990 June-December: Researcher, Health Promotion Unit, Hunter Area Health Service.
- January-June: Health Educator, Health Promotion Unit, Hunter Area Health Service.

Publications

Books

- Fletcher, R. (2011). *The Dad Factor : How the Father-Baby Bond Helps a Child for Life* (Vol. -, - ed.). Warriewood, NSW: Finch Publishing. Retrieved from <http://www.newcastle.edu.au/research-and-innovation/centre/fac/resources>
- Fletcher, R. (2008). *The Assessment and Support of New Fathers: Father-Infant Attachment as a Basis for Psychosocial Assessment and Support*. Saarbrücken: VDM Verlag. Retrieved from <http://www.vdm-publishing.com/>
- Fletcher, R. (2004). *Bring fathers in handbook: how to engage with men for the benefit of everyone in the family* (- ed.). Callaghan, NSW: University of Newcastle.

Chapters

- Fletcher, R., Garfield, C. F., & Matthey, S. (2015). Fathers' Perinatal Mental Health. In J. Milgrom, & A. Gemmill (Eds.), *Identifying Perinatal Depression and Anxiety: Evidence-Based Practice in Screening, Psychosocial Assessment and Management* (pp. 165-176). West Sussex UK: John Wiley & Son.
- Smyth, B. M., Baxter, J. A., Fletcher, R., & Moloney, L. J. (2013). Fathers in Australia: A contemporary snapshot. In D. W. Shwalb, B. J. Swalb, & M. E. Lamb (Eds.), *The Fathers' Role: Cross-cultural Perspectives* (pp. 361-382). NY: Routledge.
- Fletcher, R. (2013). Ruw spel van vaders bevordert sociale, emotionele en lichamelijke ontwikkeling van jongens en meisjes. (Fathers rough play promotes social, emotional and physical development of boys and girls). In C. Gravesteyn (Ed.), *Jongens & Meisjes: Zoek de verschillen?! (Boys & Girls: Spot the difference!)* (pp. 57-67). Amsterdam: Van Gorcum Amsterdam. Retrieved from https://www.vangorcum.nl/NL_toonBoek.asp?PublID=4824-0
- Fletcher, R. (2010). Including fathers in work with vulnerable families. In F. Arney, & D. Scott (Eds.), *Working with Vulnerable Families: A Partnership Approach* (pp. 135-155). Cambridge: Cambridge University Press. Retrieved from http://www.cambridge.org/gb/knowledge/isbn/item2713383/?site_locale=en_GB

Fletcher, R. (2006). Male role models. In Deborah Hartman (Ed.), *Educating Boys: The Good News: Insights from a Selection of Papers Presented at the 4th Biennial Working with Boys, Building Fine Men Conference* (Vol. -, - ed., pp. 25-37). Newcastle, NSW: Family Action Centre, The University of Newcastle.

Fletcher, R. (2003). Father's role in family services. In Robin Sullivan (Ed.), *Focus on Fathering* (pp. 125-141). Camberwell., Victoria: ACER Press. Retrieved from <http://www.acer.edu.au/>

Fletcher, R. (2001). The development of men's health in Australia. In N. Davidson, & T. Lloyd (Eds.), *Promoting men's health : a guide for practitioners* (pp. 313). London: Baillière Tindall.

Journal articles

Fletcher, R., St George, J., May, C., & Hartman, D. (2015). Father-Inclusive Practice in a Family Centre - An Australian Perspective. *Zero to Three*, 60-67.

May, C., Fletcher, R., Dempsey, I., & Newman, L. (2015). Modeling Relations among Coparenting Quality, Autism-Specific Parenting Self-Efficacy, and Parenting Stress in Mothers and Fathers of Children with ASD. *Parenting*, 15(2), 119-133. doi:[10.1080/15295192.2015.1020145](https://doi.org/10.1080/15295192.2015.1020145)

St George, J., Fletcher, R., Freeman, E. E., Paquette, D., & Dumont, C. (2015). Father-child interactions and children's risk of injury. *Early Child Development and Care*, 1-13. doi:[10.1080/03004430.2014.1000888](https://doi.org/10.1080/03004430.2014.1000888)

Lawson, G., & Fletcher, R. (2014). Delayed fatherhood.. *J Fam Plann Reprod Health Care*, 40(4), 283-288. doi:[10.1136/jfprhc-2013-100866](https://doi.org/10.1136/jfprhc-2013-100866)

May, C. D., Fletcher, R., & St George, J. (2014). A father's prenatal relationship with 'their' baby and 'her' pregnancy - implications for antenatal education. *International Journal of Birth and Parenting Education*, 1(3), 5-12. Retrieved from <http://www.ijbpe.co.uk/index.php/journals/view-issues/ijbpevol-1-issue-3/84-vol-1-issue-3/104-fathers-prenatal-relationship-with-their-baby-and-her-pregnancy-implications-for-antenatal-education>

St George, J. M., & Fletcher, R. (2014). Men's experiences of grandfatherhood: A welcome surprise. *International Journal of Aging and Human Development*, 78(4), 353-380. doi:[10.2190/AG.78.4.c](https://doi.org/10.2190/AG.78.4.c)

Morgan, P. J., Collins, C. E., Plotnikoff, R. C., Callister, R., Burrows, T., Fletcher, R., . . . Lubans, D. R. (2014). The 'Healthy Dads, Healthy Kids' community randomized controlled trial: a community-based healthy lifestyle program for fathers and their children.. *Prev Med*, 61, 90-99. doi:[10.1016/j.ypmed.2013.12.019](https://doi.org/10.1016/j.ypmed.2013.12.019)

Fletcher, Richard., Freeman, E., Ross, N. M., & St George, J. (2013). A quantitative analysis of practitioners' knowledge of fathers and fathers' engagement in family relationship services. *Australasian Dispute Resolution Journal*, 24(4), 270-277.

- Fletcher, R., StGeorge, J., & Freeman, E. (2013). Rough and tumble play quality: Theoretical foundations for a new measure of father-child interaction. *Early Child Development and Care*, 183(6), 746-759. doi:[10.1080/03004430.2012.723439](https://doi.org/10.1080/03004430.2012.723439)
- May, C., & Fletcher, R. (2013). Preparing fathers for the transition to parenthood: recommendations for the content of antenatal education. *Midwifery*, 29(5), 474-478. doi:[10.1016/j.midw.2012.03.005](https://doi.org/10.1016/j.midw.2012.03.005)
- Fletcher, R. J., Maharaj, O. N., Fletcher Watson, C. H., May, C., Skeates, N., & Gruenert, S. (2013). Fathers with mental illness: implications for clinicians and health services. *The Medical journal of Australia*, 199(3), S34-S36.
- Fletcher, R., & Gallagher, J. (2012). Engaging Fathers in Early Childhood Services. *Foundations*, 8, 16-19. Retrieved from <http://himh.clients.squiz.net/home/our-work/current-programs/foundations>
- St George, J. M., & Fletcher, R. (2012). Fathers' role in school readiness. *Every Child*, 18(3), 22-24.
- Fletcher, R., Maharaj, O. N., Fletcher Watson, C. H., May, C., Skeates, N., & Gruenert, S. (2012). Fathers with mental illness: Implications for clinicians and health services. *MJA Open*, 1(Suppl. 1), 34-36.
- Freeman, E. E., Fletcher, R., Collins, C. E., Morgan, P. J., Burrows, T. L., & Callister, R. (2012). Preventing and treating childhood obesity: Time to target fathers. *International Journal of Obesity*, 36(1), 12-15.
- St George, J. M., & Fletcher, R. (2012). Time for work, commuting, and parenting? Commuting parents' involvement with their children. *Community, Work and Family*, 15(3), 273-291.
- Fletcher, R., May, C., St George, J., Morgan, P. J., & Lubans, D. R. (2011). Fathers' perceptions of rough-and-tumble play: Implications for early childhood services. *Australian Journal of Early Childhood*, 36(4), 131-138.
- St George, J. M., & Fletcher, R. (2011). Fathers online: Learning about fatherhood through the internet. *Journal of Perinatal Education*, 20(3), 154-162.
- Fletcher, R. (2011). Field testing of father-inclusive guidelines for web-based information and support aimed at families with perinatal depression. *Health Promotion Journal of Australia*, 22(3), 231-233. Retrieved from <http://www.publish.csiro.au/?nid=292>
- Fletcher, R., & St George, J. M. (2011). Heading into fatherhood-nervously: Support for fathering from online dads. *Qualitative Health Research*, 21(8), 1101-1114. doi:[10.1177/1049732311404903](https://doi.org/10.1177/1049732311404903)
- Garfield, C. F., & Fletcher, R. (2011). Sad dads: A challenge for pediatrics. *Pediatrics*, 127(4), 781-782. doi:[10.1542/peds.2011-0097](https://doi.org/10.1542/peds.2011-0097)
- Fletcher, R., Freeman, E. E., Garfield, C., & Vimpani, G. V. (2011). The effects of early paternal depression on children's development. *Medical Journal of Australia*, 195(11/12), 685-689.

- Morgan, P. J., Lubans, D. R., Plotnikoff, R. C., Callister, R., Burrows, T. L., Fletcher, R., . . . Collins, C. E. (2011). The 'Healthy Dads, Healthy Kids' community effectiveness trial: Study protocol of a community-based healthy lifestyle program for fathers and their children. *BMC Public Health*, *11*(1), 876. doi:[10.1186/1471-2458-11-876](https://doi.org/10.1186/1471-2458-11-876)
- Morgan, P. J., Lubans, D. R., Callister, R., Okely, A. D., Burrows, T. L., Fletcher, R., . . . Collins, C. E. (2011). The 'Healthy Dads, Healthy Kids' randomized controlled trial: Efficacy of a healthy lifestyle program for overweight fathers and their children. *International Journal of Obesity*, *35*(3), 436-447. doi:[10.1038/ijo.2010.151](https://doi.org/10.1038/ijo.2010.151)
- Fletcher, R., Freeman, E. E., & Matthey, S. (2011). The impact of behavioural parent training on fathers' parenting: A meta-analysis of the triple-p positive parenting program. *Fathering: A Journal of Theory, Research, & Practice about Men as Fathers*, *9*(3), 291-312.
- Fletcher, R., & St George, J. M. (2010). Men's help-seeking in the context of family separation. *Advances in Mental Health*, *9*(1), 49-62. doi:[10.5172/jamh.9.1.49](https://doi.org/10.5172/jamh.9.1.49)
- Fletcher, R., & St George, J. M. (2010). Practitioners' understanding of father engagement in the context of family dispute resolution. *Journal of Family Studies*, *16*(2), 101-115. doi:[10.5172/jfs.16.2.101](https://doi.org/10.5172/jfs.16.2.101)
- Fletcher, R. (2009). Promoting infant well-being in the context of maternal depression by supporting the father. *Infant Mental Health Journal*, *30*(1), 95-102. doi:[10.1002/imhj.20205](https://doi.org/10.1002/imhj.20205)
- Matthey, S., Reay, R., & Fletcher, R. (2009). Service strategies for engaging fathers in the perinatal period: What have we learned so far?. *International Journal of Mental Health Promotion*, *11*(2), 29-41. doi:[10.1080/14623730.2009.9721785](https://doi.org/10.1080/14623730.2009.9721785)
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- Fletcher, R. (2008). Father-inclusive practice and associated professional competencies. *AFRC Briefing*, (9), 1-10. Retrieved from <http://www.aifs.gov.au/afrc/pubs/briefing/briefing9.html>
- Fletcher, R. (2008). Mothers and fathers accessing Family Relationship Centres. *Family Relationships Quarterly*, (10), 3-6. Retrieved from <http://www.aifs.gov.au/afrc/pubs/newsletter/newsletter10.html#mothers>
- Fletcher, R., Vimpani, G. V., Russell, G., & Sibbritt, D. W. (2008). Psychosocial assessment of expectant fathers. *Archives of Womens Mental Health*, *11*(1), 27-32. doi:[10.1007/s00737-008-0211-6](https://doi.org/10.1007/s00737-008-0211-6)
- Fletcher, R., Vimpani, G. V., Russell, G., & Keatinge, D. R. (2008). The evaluation of tailored and web-based information for new fathers. *Child Care Health and Development*, *34*(4), 439-446. doi:[10.1111/j.1365-2214.2008.00811.x](https://doi.org/10.1111/j.1365-2214.2008.00811.x)

- Fletcher, R., Matthey, S., & Marley, C. G. (2006). Addressing depression and anxiety among new fathers. *Medical Journal of Australia*, *185*(8), 461-463. Retrieved from http://www.mja.com.au/public/issues/185_08_161006/fle10046_fm.html
- Fletcher, R., & Silberberg, S. H. (2006). Involvement of fathers in primary school activities. *Australian Journal of Education*, *50*(1), 29-39. doi:[10.1177/000494410605000103](https://doi.org/10.1177/000494410605000103)
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- Fletcher, R. (2005). Bringing fathers to family services. *Every Child*, *11*(1), 17.
- Fletcher, R., Silberberg, S. H., & Galloway, D. (2004). New father's postbirth views of antenatal classes: satisfaction, benefits, and knowledge of family services. *Journal of Perinatal Education*, *13*(3), 18-26. doi:[10.1624/105812404X1734](https://doi.org/10.1624/105812404X1734)
- Hammond, C., Lester, J. H., Fletcher, R., & Pascoe, S. M. (2004). Young Aboriginal fathers: the findings and impact of a research project undertaken in the Hunter Valley. *Aboriginal Islander and Health Worker Journal*, *28*(5), 5-8.
- Fletcher, R. (2003). Fathers as partners in change. *Threshold*, *75*, 12-13.
- Fletcher, R., Higginbotham, H. N., & Dobson, A. (2002). Men's Perceived Health Needs. *Journal of Health Psychology: an interdisciplinary, international journal*, *7*(3), 233-241.
- Fletcher, R. (2001). The Wellbeing of boys. *NSW Public Health Bulletin*, *12*(12), 324-326.
- Fletcher, R. (1994). Prostate cancer screening and men's health.. *Aust J Public Health*, *18*(4), 449-451. Retrieved from <http://www.ncbi.nlm.nih.gov/pubmed/7718662>

Webinars, posters

- Fletcher, R., & St George, J. (2015). Refining father-Inclusive Practice Webinar. In *Australian Institute of Family Studies website*. Australian Institute of Family Studies.
- Fletcher, R., may, C., st george., stoker, L., & oshan, M. (2014). Engaging Fathers - Evidence Review. In *ARACY web page*. <http://www.aracy.org.au/publications-resources/area?command=record&id=197&cid=6>: ARACY.
- O'Brien, A. P., Fletcher, R., Chan, S., Conrad, A., & Jones, D. (2014). CBT to address new fathers' depression and anxiety. In *NA* (pp. 1). 2014, Poster.: Family Action Centre, The University of Newcastle 15th August.
- Fletcher, R. (2013). The role of fathers in children's early learning. Early Childhood Australia Everyday Learning Series. In P. Linke (Ed.), *Early Childhood Australia Everyday Learning Series* (pp. 24 pages). Early Childhood Australia.