

**ATTACHMENT KS-3**

This is the attachment marked "**KS-3**" referred to in the witness statement of Katreena Scott dated 15 July 2015.

**Table 2-1: Major Goals and Activities in the *Caring Dads* Program**

<b>Goal 1:</b>	<b>To develop sufficient trust and motivation to engage men in the process of examining their fathering</b>	
Session 1:	Orientation	Program overview and group rules What is a dad?
Session 2:	Considering fathering	Genograms Family experiences and patterns
Session 3:	Developing discrepancy	My goals Continuing to develop discrepancy
<b>Goal 2:</b>	<b>To increase men's awareness of child-centered fathering</b>	
Session 4:	Child-centered fathering	Continuum of parenting behaviour Understanding child development
Session 5:	Building relationships with our children	Relationship building challenges How well do I know my child quiz
Session 6:	Listening to, praising, and playing with your children	Listening, giving praise and reading with children
Session 7:	Fathers as part of families	Setting a good example Appreciation of my children's mother
Session 8:	Eliminating barriers to better relationships	The connections between thoughts, feelings and actions
<b>Goal 3:</b>	<b>To increase men's awareness of, and responsibility for, abusive, and neglectful fathering behaviours and their impact on children</b>	
Session 9:	Recognizing unhealthy, abusive, and neglectful fathering behaviours	The other end of the continuum: Child maltreatment
Session 10:	Changing unhealthy, abusive, and neglectful fathering behaviours	Review/establish a concrete behavioural goal Promoting change
Session 11:	How am I responding to my children's needs?	Alternatives to parent-centered and abusive behaviours
Session 12:	Relationship with my child's mother	How children are affected by witnessing abuse Parent-child boundaries
Session 13:	Problem-solving in difficult situations	What children learn from controlling fathering Problem-solving for parents
Session 14:	Decreasing denial and minimization	Shame and secrecy Problem-solving for parents continued
<b>Goal 4:</b>	<b>Consolidating learning, rebuilding trust, and planning for the future</b>	
Session 15:	Rebuilding trust and healing	Taking responsibility for the past and moving into the future
Session 16:	What about discipline?	Alternatives to abusive and parent-centered behaviours Defining discipline
Session 17:	Wrapping up	Review of main concepts Getting support from others