# IN THE MATTER OF THE ROYAL COMMISSION INTO FAMILY VIOLENCE

### ATTACHMENT 'GC-29' TO STATEMENT OF GILLIAN ANNE CALLISTER

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This is attachment 'GC-29' produced and shown to GILLIAN ANNE CALLISTER at the time of signing her statement on 13 October 2015.

Attachment GC-29

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Level A	Level B	Level C	Level D
Personal, Social and Community Health			
Being, healthy, safe and active			
Identify self (self-awareness)	Identify what they like and dislike	Identify their personal characteristics	Identify what they can do
React as body parts are moved and named	Identify some major body parts	Identify major body parts and stages of life	Identify the major parts of the body by their names and sequence images of major stages of life
React to significant people	Identify significant people and communicate when they feel safe/unsafe	Identify and name members of immediate family and demonstrate safety awareness, respond to safety instructions and identify safe and unsafe places and items in the environment	Demonstrate an understanding of different kinds of relationships and identify some private places and safe and unsafe places or situations
Communicating and interacting for health and wellbeing	and the first sector of th		•
React to people and sensory experiences	Practise basic skills of personal care and communicate basic needs, likes and dislikes and experience the social skills of turn taking and sharing	Practise personal hygiene, independence skills and social skills including taking turns	Practise personal skills of self-care, hygiene and independence and practise social skills to interact with others
Use facial expressions to indicate an emotion and demonstrate preference	Express their feelings, needs, likes and dislikes	Explore their feelings and practice expressing their, needs, likes and dislikes using simple communication tools	Identify emotional responses and describe their feelings using pictures and/ words
Contributing to healthy and active communities			
Experience health and safety actions	Participate in a variety of health, safety and wellbeing actions	Practise a variety of health, safety and wellbeing actions	Explore what actions promote health, safety and wellbeing
Experience play activities	Engage in structured play activities	Participate in structured play in various settings	Explore play in outdoor settings and the natural environment
Movement and Physical Activity			
Moving the body			
Experience their body being moved through a variety of positions and locations	Practise basic gross motor movements	Practise simple whole-body movements and gross motor movement patterns	Practise simple gross motor and fine motor skills in a range of environments showing increasing control
Experience a variety of physical and structured leisure activities	Engage in a variety of physical activities and explore basic play equipment	Participate in a variety of physical education experiences and games with simple rules with equipment in a range of environments	Participate in simple games with support and begin to anticipate the next sta in familiar physical routines
Understanding movement			
Experience regular physical activities and begin to develop an awareness of how different parts of the body move	Engage in regular physical activities and explore the development of their ability	Engage in regular physical activities and explore the development of their ability and health	Explore how regular physical activity keeps them healthy and well
Experience their body moving in relation to effort, space, objects and people	Explore the space around them and learn to move in relation to effort, space and objects	Identify how their body moves and relate to space and objects	Identify their pathway through a space and use vocabulary associated with movement to describe how their body moves in relation to space, objects an people
Learning through movement			
Cooperate when experiencing physical activities and movement	Cooperate with an adult to use equipment during physical activity	Take turns with a partner or in small groups when participating in physical activities	Cooperate with others and demonstrate characteristics of a good sport when participating in physical activities
Experience body movement and demonstrate some basic movements	Use trial and error to develop balance, independent moving across surfaces and manipulation skills	Test possible solutions to movement challenges through trial and error to maintain balance and coordination as they move over and through a range of surfaces and grasp and manipulate objects	Test possible solutions to movement challenges by negotiating the space around them and manipulate objects
Engage in physical activities	Follow basic single word instructions when participating in structured physical activities	Follow simple movement instructions and safety rules when participating in structured physical activities	Follow basic safety directions, and familiar game rules when participating in physical activities
Achievement Standard			
By the end of Level A, students recognise themselves. They demonstrate different emotions people experience. They participate in actions that help hem to be healthy, safe and physically activa. They experience different settings where they can be active. Students show general awareness of sody position and own body when moved by others. Students begin to demonstrate an awareness and recognition of familiar sudents begin to demonstrate an awareness and recognition of familiar seeple and routine activities. They demonstrate attachments and Irust with amiliar adults. They demonstrate, with assistance, safe and healthy behaviour in routine personal care activities. They coactively perform undamental movement skills and explore basic movement challenges.	By the end of Level B, students recognise themselves in mirror and photographs and explore the personal characteristics and capabilities they possess. Students express their feelings, needs, likes and dislikes through gesture and 'yes' and 'no' responses. Students recognise actions that help them be healthy, safe and physically active. They can identify places where they play and participate in physical activity from an option of two images. Students use personal and social skills to assist them to participate in a range of activities. They demonstrate, with guidance, practices and protective behaviours to keep them safe and healthy in a variety of different regular activities. They intentionally perform some bacis gorss motor movement skills and use trial and error to solve basic movement challenges.	By the end of Level C, students recognise key stages of life, how they have grown and changed. They identify some obvious emotions and their cause. They experience and become more independent with actions that help them be healthy, safe and physically active. They identify some different settings where they can be active by matching an activity to a location. They perform basic gross motor movement patterns and maintain balance and coordination as they move over and through a range of surfaces and use a range of equipment. Students use personal and social skills to include others in a range of activities. Students actively participate in personal care routines and attempt some basic tasks independently. They demonstrate protective behaviours to keep them safe and healthy in different activities. Students alter their behaviour in the presence of familiar persons and demonstrate personal preference by changing, and accepting and rejecting things. They indicate the cause of a current feeling and demonstrate some acceptable ways of behaving. They identify when someone is upset or needs help. They perform fundamental movement skills and solve movement challenges in the playground and in gym sessions.	By the end of Level D, students recognise changes to their body over the ye They identify and describe basic emotions people experience and what mak them feel this way. They recognise some routine actions they do to help them to be healthy, saf and physically active. They identify different settings where they can be active and ways they move and play safety. They reflect upon how their body responds to movement. Students make use of personal and social skills in a range of activities to be healthy and work with others. In structured situations they demonstrate practices and protective behaviours to keep themselves safe and healthy in everyday events and different notine activities. They perform fundamental movement skills involving simple gross motor movements and solve basic movement challenges.

Health and Physical Education: Levels A – D



Version 1.0

VCAA. 10

Victorian Curriculum

## Victorian Curriculum

#### Health and Physical Education: Foundation - Level 4



#### Foundation Level Levels 1 and 2 Levels 3 and 4 Personal. Social and Community Health Being healthy, safe and active Identify personal strengths Describe their own strengths and achievements and those of others, Examine how success, challenge and failure strengthen personal and identify how these contribute to personal identities identifies Name parts of the body and describe how their body is growing and Describe physical and social changes that occur as children grow Explore strategies to manage physical, social and emotional change changing older and discuss how family and community acknowledge these Identify people and actions that help keep themselves safe and Practise strategies they can use when they need help with a task, Describe and apply strategies that can be used in situations that problem or situation at home and/or at school make them feel uncomfortable or unsafe healthy Recognise situations and opportunities to promote their own health. Identify and practise strategies to promote health, safety and safety and wellbeing wellbeing Communicating and interacting for health and wellbeing Practise personal and social skills to interact with others Describe ways to include others to make them feel that they belong Describe factors that can positively influence relationships and personal wellbeing Identify and describe emotional responses people may experience Identify and practise emotional responses that account for own and Investigate how emotional responses vary in family situations and in in different situations others' feelings friendship groups Examine health messages and how they relate to health decisions Discuss and interpret health information and messages in the media and behaviours Contributing to healthy and active communities Identify actions that promote health, safety and wellbeing Explore actions that help make the classroom a healthy, safe and Describe strategies to make the classroom and playground healthy, safe and active spaces active place Participate in play that promotes engagement with outdoor settings Identify and explore natural and built environments in the local Participate in outdoor games and activities to examine how including aquatic and the natural environment community where physical activity can take place participation promotes a connection between the community, natural and built environments, and health and wellbeing Movement and Physical Activity Moving the body Practise fundamental movement skills and movement sequences Perform fundamental movement skills in different movement Practise and refine fundamental movement skills in different using different body parts and in response to stimuli in indoor, situations in indoor, outdoor and aquatic settings movement situations in indoor, outdoor and aquatic settings outdoor and aquatic settings Participate in games with and without equipment Construct and perform imaginative and original movement Perform movement sequences which link fundamental movement sequences in response to stimuli Create and participate in cames Practise and apply movement concepts and strategies Understanding movement Explore how regular physical activity keeps individuals healthy and Discuss the body's reactions to participating in physical activities Examine the benefits of physical activity and physical fitness to well health and wellbeing Identify and describe how their body moves in relation to effort, Incorporate elements of effort, space, time, objects and people in Combine the elements of effort, space, time, objects and people performing simple movement sequences space, time, objects and people when performing movement sequences Learning through movement Cooperate with others when participating in physical activities Use strategies to work in group situations when participating in Adopt inclusive practices when participating in physical activities physical activities Use trial and error to test solutions to movement challenges Propose a range of alternatives and test their effectiveness when Apply innovative and creative thinking in solving movement solving movement challenges challenges Follow rules when participating in physical activities Identify rules and fair play when creating and participating in Apply basic rules and scoring systems, and demonstrate fair play physical activities when participating Achievement Standard By the end of Foundation Level, students recognise how they are By the end of Level 2, students describe changes that occur as they By the end of Level 4, students recognise strategies for managing growing and changing. They identify and describe the different emotions people experience. They identify actions that help them be grow older. They recognise how strengths and achievements contribute to identifies. They understand how emotional responses change. They examine influences that strengthen identities. They investigate how emotional responses vary and understand how to impact on others' feelings. They examine messages related to health decisions and describe how to help keep themselves and interact positively with others in different situations including in physical activities. Students interpret health messages and discuss healthy, safe and physically active. They identify different settings where they can be active and how to move and play safely. They describe how their body responds to movement. others healthy, safe and physically active. They identify areas where they can be active and how the body reacts to different physical influences on healthy and safe choices. They understand the Students use personal and social skills when working with others in a range of activities. They demonstrate, with guidance, practices to benefits of being fit and physically active. They describe the activities. connections they have to their community and how these can Students demonstrate positive ways to interact with others. They select strategies at home and/or school to keep themselves healthy keep themselves safe and healthy in different situations and promote health and wellbeing. Students apply strategies for working cooperatively and apply rules activities. They perform fundamental movement skills and solve movement challenges. and safe and are able to ask for help with tasks or problems. They

fairly. They select and demonstrate strategies that help them slay safe, healthy and active at home, at school and in the community. They refine fundamental movement skills and apply movement concepts and strategies in different physical activities and to solve movement challenges. They create and perform movement sequences using fundamental movement skills and the elements of movement.



demonstrate fundamental movement skills in different movement situations and test alternatives to solve movement challenges. They

perform movement sequences that incorporate the elements of

movement

Level 5 and 6	Levels 7 and 8	Levels 9 and 10
ersonal, Social and Community Health eing healthy. safe and active		
xplore how identities are influenced by people and places	Investigate the impact of transition and change on identities	Evaluate factors that shape identities, and analyse how individuals impact the identities of others
vestigate resources to manage changes and transitions ssociated with puberty	Evaluate strategies to manage personal, physical and social changes that occur as they grow older	Examine the impact of changes and transitions on relationships
vestigate community resources and strategies to seek help about ealth, safety and wellbeing	Examine barriers to seeking support and evaluate strategies to overcome these	Plan, rehearse and evaluate options (including CPR and first aid) for managing situations where their own or others' health, safety and wellbeing may be at risk
lan and practise strategies to promote health, safety and wellbeing	Investigate and select strategies to promote health, safety and wellbeing	Identify and critique the accessibility and effectiveness of support services based in the community that impact on the ability to make healthy and safe choices
communicating and interacting for health and wellbeing ractise skills to establish and manage relationships	Investigate the benefits of relationships and examine their impact on their own and others' health and wellbeing	Investigate how empathy and ethical decision-making contribute to respectful relationships
xamine the influence of emotional responses on behaviour, alationships and health and wellbeing	Analyse factors that influence emotions, and develop strategies to demonstrate empathy and sensitivity	Evaluate situations and propose appropriate emotional responses and then reflect on possible outcomes of different responses to health and wellbeing
ecognise how media and important people in the community fluence personal attitudes, beliefs, decisions and behaviours	Develop skills to evaluate health information and express health concerns	Evaluate health information from a range of sources and apply to health decisions and situations
ontributing to healthy and active communities	Dise and use books stocks less and services of enhance the books	Dia data data data data data data data da
nvestigate the role of preventive health in promoting and naintaining health, safety and wellbeing for individuals and their ommunities	Plan and use health strategies and resources to enhance the health, safety and wellbeing of their communities	Plan, implement and critique strategies to enhance the health, safety and wellbeing of their communities
xplore how participation in outdoor activities supports personal and ommunity health and wellbeing and creates connections to the atural and built environment	Plan and implement strategies for connecting to natural and built environments to promote the health and wellbeing of their communities	Plan and evaluate new and creative interventions that promote their own and others' connection to community and natural and built environments
nvestigate how celebrating similarities and differences can trengthen communities	Examine the benefits to individuals and communities of valuing diversity and promoting inclusivity	Critique behaviours and contextual factors that influence the health and wellbeing of their communities
lovement and Physical Activity loving the body		
tractise specialised movement skills and apply them in different povement situations in indoor, outdoor and aquatic settings	Use feedback to improve body control and coordination when performing specialised movement skills	Perform and refine specialised movement skills in challenging movement situations
lesign and perform a variety of movement sequences	Compose and perform movement sequences for specific purposes in a variety of contexts	Evaluate own and others' movement compositions, and provide and apply feedback in order to enhance performance situations
ropose and apply movement concepts and strategies	Practise, apply and transfer movement concepts and strategies	Develop, implement and evaluate movement concepts and strategies for successful outcomes
Inderstanding movement		
articipate in physical activities designed to enhance fitness, and iscuss the impact of regular participation on health and wellbeing	Participate in physical activities that develop health-related and skill- related fitness components, and create and monitor personal fitness plans	Design, implement and evaluate personalised plans for improving or maintaining their own and others' physical activity and fitness levels
lanipulate and modify the elements of effort, space, time, objects ind people to perform movement sequences	Demonstrate and explain how the elements of effort, space, time, objects and people can enhance performance	Analyse the impact of effort, space, time, objects and people when composing and performing movement sequences
	Participate in and investigate the cultural and historical significance of a range of physical activities	Examine the role physical activity, outdoor recreation and sport play in the lives of Australians and investigate how this has changed over time
earning through movement		
Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities	Practise and apply personal and social skills when undertaking a range of roles in physical activities	Devise, implement and refine strategies demonstrating leadership and collaboration skills when working in groups or teams
Apply critical and creative thinking processes in order to generate assess solutions to movement challenges	Evaluate and justify reasons for decisions and choices of action when solving movement challenges	Transfer understanding from previous movement experiences to create solutions to movement challenges
Demonstrate ethical behaviour and fair play that aligns with the rules when participating in a range of physical activities	Modify rules and scoring systems to allow for fair play, safety and inclusive participation	Reflect on how fair play and ethical behaviour can influence the outcomes of movement activities
Achievement Standard by the end of Level 6, students investigate developmental changes and transitions. They understand the influences people and places awe on personal identities. They recognise the influence of emotions on behaviours and discuss factors that influence how beople interact. They describe their own and others' contributions to nealth, physical activity, safety and wellbeing. They describe the key eatures of health-related fitness and the significance of physical activity participation to health and wellbeing. They describe the key eatures of health-related fitness and the significance of physical activity participation to health and wellbeing. They examine how community wellbeing is supported by celebrating diversity and connecting to the natural and built environment. Students demonstrate skills to work collaboratively and play fairly. They access and interpret health information. They explain and apply strategies to enhance their own and others' health, safety and wellbeing at home, at school and in the community. They perform specialised movement skills and propose and combine movement concrepts and strategies to calheve movement outcomes and solve movement challenges. They apply the elements of movement when composing and creating movement sequences.	investigate strategies that enhance their own and others' health, safety and wellbeing. They investigate and apply movement concepts and strategies to achieve movement and filness outcomes. They examine the cultural and historical significance of physical activities and examine how connecting to the environment can enhance health and wellbeing. Students explain personal and social skills required to establish and	By the end of Level 10, students critically analyse contextual factors that influence their identities, relationships, decisions and behaviours. They analyse the impact of attitudes and beliefs about diversity on community connection and wellbeing. They evaluate the outcomes of emotional responses to different situations. Students access, synthesise and apply health information from credible sources to propose and justify responses to situations in the home, in the school and the community. Students proposes and evaluate interventions to improve fitness and physical activity levels in their communities. They examine the role physical activity has played historically in defining cultures and cultural identities. Students identify and analyse factors that contribute to respectful relationships. They explain the importance of cooperation, leadership and fair play across a range of health and movement contexts. They compare and contrast a range of actions that could be undertaken to enhance their own and others' health, safety and wellbeing. They apply and transfer movement concepts and strategies to make judgments about and refine their own and others' fuel to make judgments about and refine their own and others' situations.

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